

Carrick Bend Cap

- Gauge** 20 sts x 25 rows to 4" stockinette in the round
The cable motif is 5.5 inches long, measured from tip to tip of the knot.
- Sizes** Small (Medium) 21" (23")
This pattern does not include a lot of negative ease, because the thickness of folding the brim up provides the negative ease required.
- Needles** Size 8 (5mm) 16" Circular or DPNs
Cable needle or stray DPN
- Yarn** Worsted Wool - 4 ounces (100g)
We used Fisherman's Wool from Lion Brand. Any yarn that shows cables well and can hit the gauge should be fine.

Specialized Techniques

This pattern uses some special increases, decreases, and cable crossing. None of them are difficult; they are just a bit different. The traveling stitches for the knots were strongly inspired by Elisabeth Lavold and her absolutely fascinating book *Viking Patterns for Knitting*.

Provisional cast on

A method of casting on with waste yarn that allows you to remove the waste yarn and end up with live stitches, so that the hat band can be grafted together. Our preferred method is illustrated at <http://www.knittingatnoon.com/provisional.html>.

Cable Crosses:

The band uses four kinds of cable crosses used in this pattern, two left and two right. C4L and C4R are standard cable crosses. C4LoP and C4RoP make the traveling stitches for the open cables.

C4L - Cable 4 Left: put next 2 stitches on cable needle at front of work, knit 2, knit the 2 from the cable needle.

C4R - Cable 4 Right: put next 2 stitches on cable needle at back of work, knit 2, knit the 2 from the cable needle.

C4LoP - Cable 4 Left over Purls: put next 2 stitches on cable needle at front of work, purl 2, knit the 2 from the cable needle.

C4RoP - Cable 4 Right over Purls: put next 2 stitches on cable needle at back of work, purl 2, knit the 2 from the cable needle.

3-stitch Decrease

On the WRONG side: yf, sl2, p2tog, pss0. (Put your working yarn in front, slip the next two stitches purl wise, purl 2 together, pass both slipped stitches over)

Bobble increase

Work five stitches in one stitch. Purl the first stitch, then knit through the back of the loop then knit through the front of the loop, then knit through the back of the loop then knit through the front of the loop. You can now drop the loop.

Grafting in pattern

To close the cabled band you should graft (kitchener) the two ends of the band together. This will provide a seamless looking band. This is most easily achieved if you have a bit of waste yarn selvage on each end.

Knitting

Cabled Band

Cast on 26 stitches with waste yarn, using a provisional cast-on.

Begin using the chart.

1. Knit rows 1 and 2 of the chart twice in the waste yarn.
2. Change to working yarn, and begin knitting hat band.
3. Work all 40 rows of the chart.
4. Knit rows 39 and 40 again 2 (3) times. This will create a space between the knots.
5. Repeat steps 1 and 2 two more times. You will knit the chart and spacer a total of 3 times.
6. Leave a tail about 2-3ft long and cut working yarn.
7. Knit rows 39 and 40 two (2) more times in waste yarn.

Graft both ends of the hatband together, making a ring.

Remove waste yarn.

Weave all ends.

Body

With the wrong side of the band facing out, pick up 3 of every 4 stitches along the edge of the hat band.

Join and purl one round.

Knit 6.5 (7) inches of stockinette stitch.

Crown

Place markers, dividing the stitches evenly.

Knit to three stitches before the marker ssk, k1, slip marker, k1, k2tog. Repeat for every marker on the round.

Repeat previous round until you have 24 stitches remaining. When it become difficult to knit on circular needles, you may have to switch to double pointed needles.

K2tog all the way around (12sts remaining).

Cut a tail about 18" long.

Thread remaining 12 stitches onto tail with yarn needle. Run the tail through the stitches a second time.

Carefully tighten down the tail pulling the first loop tight and then the second.

Pull the end through to the inside and weave all your ends.

Block the hat.

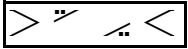
Note: the Lion Brand Fisherman's wool wants to felt. It feels felting is its destiny. Be careful never to wash your hat in hot water, or you may end up with something suitable for a preschooler.

Carrick Bend Cable Chart

Symbol Key

- Knit on RS, Purl on WS
- Purl on RS, Knit on WS
- No stitch
- ∇ Work 5 sts into the one st, purl the first, knit the others
- ^ Yarn forward, slip 2, purl 2 together, pass both slipped stitches over
- / Knit 2 together

Cables



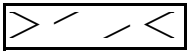
Cable 4 Right over Purls: put next 2 sts on cable needle at back of work, knit 2, purl the 2 from the cable needle.



Cable 4 Left over Purls: put next 2 sts on cable needle at front of work, purl 2, knit the 2 from the cable needle.



Cable 4 Right: put next 2 sts on cable needle at back of work, knit 2, knit the 2 from the cable needle.



Cable 4 Left: put next 2 sts on cable needle at front of work, knit 2, knit the 2 from the cable needle.

Charted using the Kauri Knits font by Kauricat. Many thanks to Kauricat!
<https://sites.google.com/site/kauriknitsfont/>

Carrick Bend Cable Chart

40			■	■	■	■			40
39			■	■	■	■			39
38			/	■	■	∧			38
37			>	∞	<	>	∞	<	37
36			36
35			.	.	>	∞	<	>	∞	<	>	∞	<	>	∞	<	35
34			34
33			>	∞	<	33
32			32
31			.	.	>	∞	<	>	∞	<	>	∞	<	>	∞	<	31
30			30
29			>	∞	<	>	∞	<	29
28			28
27			>	∞	<	27
26			26
25			>	∞	<	>	∞	<	25
24			24
23			.	.	>	∞	<	>	∞	<	>	∞	<	>	∞	<	23
22			22
21			>	∞	<	21
20			20
19			.	.	>	∞	<	>	∞	<	>	∞	<	>	∞	<	19
18			18
17			>	∞	<	>	∞	<	17
16			16
15			>	∞	<	15
14			14
13			>	∞	<	>	∞	<	13
12			12
11			.	.	>	∞	<	>	∞	<	>	∞	<	>	∞	<	11
10			10
9			>	∞	<	9
8			8
7			.	.	>	∞	<	>	∞	<	>	∞	<	>	∞	<	7
6			6
5			>	∞	<	>	∞	<	5
4			4
3			■	■	■	■	∇	3
2			■	■	■	■	2
1			■	■	■	■	1